

## Sit-Up Back Extension

**Model Number**

UP168

**Fall Height**

2'

**Use Zone**

10'-8¼" x 13'-3"



### Product Description

The Sit-Up/Back extension is great for users who want to target and strengthen their abdominals. This innovative and versatile dual ab machine can transform any traditional workout environment. Intended for ages 13 and up.

### Materials and Features

- Sleek silver and gray design
- Compliments any space
- Stainless steel hardware
- In-ground mount installation
- Long lasting with little maintenance
- Constructed of durable materials and backed by the industry's leading warranty

### Health Benefits

- Muscle development
- Balance and flexibility
- Aerobic fitness