

## Plyometric Box

### Model Numbers

UP172 (6-inch) | UP173 (12-inch)  
UP174 (18-inch) | UP175 (24-inch)

### Fall Height

2'

### Use Zone

10'-11" x 10'-11"



### Product Description

With the Plyometric Box Station, users can focus on their balance and agility. Group these boxes together or space them out to offer different workout options for users. Intended for ages 13 and up.

### Materials and Features

- Sleek silver and gray design
- Compliments any space
- Stainless steel hardware
- In-ground mount installation
- Marine-grade slip resistance
- Long lasting with little maintenance
- Constructed of durable materials and backed by the industry's leading warranty

### Health Benefits

- Aerobic fitness
- Core fitness
- Muscle development
- Balance and flexibility